



Protocols for Resuming Services

Information for Families and Staff

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Handwashing



- The key control for the prevention of a resurgence in COVID-19 is handwashing.
- Staff will be required to wash their hands when they arrive at a home and before they leave.
- Use warm water and soap for at least 20 seconds.
- Bring your own tea/hand towel and keep it in a baggie.

2

When is hand hygiene required

- Before and after contact with any person, their body substances or items contaminated by them
- Before putting on and after taking off gloves
- After performing personal functions (e.g. using the toilet, blowing your nose)
- When hands come into contact with any bodily fluids, or contaminated surfaces/objects

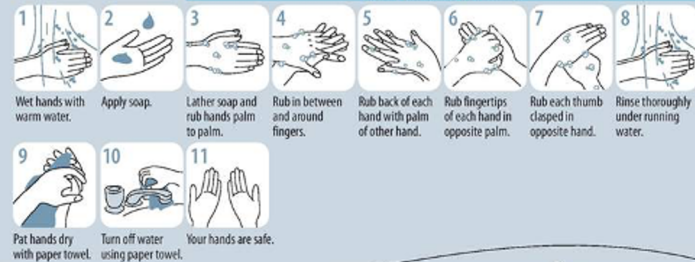


3

How to handwash (when hands are visibly soiled)



Lather hands for 15 seconds



For more information, please contact handhygiene@oahpp.ca or visit publichealthontario.ca/JCYH.

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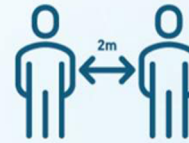
4

Sneezing/Coughing - Protect Others

- Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow
- Throw used tissues in the trash
- Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.
- Dispose of any tissues you have used as soon as possible in a lined wastebasket and wash your hands afterwards.



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What does physical distancing mean?

This means making changes in your everyday routines in order to minimize close contact with others, including:

- ▶ avoiding crowded places and non-essential gatherings
- ▶ avoiding common greetings, such as handshakes
- ▶ limiting contact with people at higher risk (e.g. older adults and those in poor health)
- ▶ keeping a distance of at least 2 arms lengths (approximately 2 metres) from others, as much as possible



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Hand Sanitizer

- If you are relying on hand sanitizer instead of hand washing, it must contain at least 60% alcohol to be effective.
- The hand sanitizer must have a DIN (drug identification number). Homemade or alternative hand sanitizers are not acceptable.



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How to handrub

Rub hands for 15 seconds



1 Apply 1 to 2 pumps of product to palms of dry hands.



2 Rub hands together, palm to palm.



3 Rub in between and around fingers.



4 Rub back of each hand with palm of other hand.



5 Rub fingertips of each hand in opposite palm.



6 Rub each thumb clasped in opposite hand.



7 Rub hands until product is dry. Do not use paper towels.

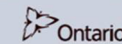


8 Once dry, your hands are safe.



JUST CLEAN YOUR HANDS

For more information, please contact handhygiene@ohpp.ca or visit publichealthontario.ca/CTH



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Reinforcers

- Staff, if you bring your own reinforcers to the session, you must clean them between individuals.
- Hot soapy water is best, as the soap disrupts the virus.
- You may also wipe down an item using a Lysol wipe if you prefer or if you don't have time between individuals.



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Gloves

- ▣ If you need to support nose blowing of your person served, please wear gloves for that activity.
- ▣ Also, if your person served drools and requires support to manage that excretion, please wear gloves during the session.
- ▣ Wash your hands in warm soapy water before and afterwards.



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Donning and doffing gloves!

Gloves on

<https://bit.ly/35LToyf>

Gloves off

<https://bit.ly/2ys8gEs>

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Wellness Screening

SELF

- You should screen yourself everyday. Do you have any of the following:
 - Cough
 - Fever
 - Runny nose
 - Diarrhea
 - Joint pain/aches

OTHERS

- Check in with the families to ensure the individual AND none of their family members are exhibiting any of the symptoms associated with COVID.

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If you have symptoms

- According to WorksafeBC, anyone with symptoms of COVID-19 such as sore throat, fever, sneezing, or coughing should self-isolate at home for 10 days from onset of symptoms - please reach out to the Health Authority to be tested.
- Please organize with families to check in at a set consistent time prior to session.



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Others with COVID

- If you live with someone who has tested positive or who is awaiting test results because they exhibit symptoms of Covid-19 and its suspected, you must self-isolate for 14 days.
- Anyone advised through contact tracing to self-isolate must also self-isolate.



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Numbers & Space

- Limit the number of homes you visit to three or less per day.
- As much as possible, maintain social distancing with family members of the individual being served.
- BC's you may need to Zoom visit a team for overlap.
- Be mindful of your off time: where are you going, who are you socializing with - are you maintaining the recommendations from the province?



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Daycares, Camps, Schools....

- There will be no services provided by FIVE staff in **indoor** group settings in recreation centres, schools or daycares.
- We will provide support in a side room in a daycare/school setting that is one on one with the individual served.
- The table surfaces in that room should be wiped using spray solution utilized by the facility.



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PPE

- ❑ PPE (N95) masks are not recommended for health care workers unless they are working with patients with the illness.
- ❑ Masks of any sort are not recommended for children.
- ❑ Face masks (surgical style), prevent you from passing on the illness via coughing without covering/or moist talking, but do not protect you.



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Physical Distancing - School Age Learners



- If your school age learner is able to work well via Zoom, then continue with that practice if the family is satisfied.
- If your school age learner needs in-person supports, then maintain physical distancing as much as possible.
- If not, you will need to focus on hand washing and cough covering.

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Wearing a mask and glasses

- Due to the low density of people in the environment, masks are not required.
- You (and/or the family) may choose/request that you wear a mask with a learner.
- You can use your cloth "grocery shopping" mask. Like grocery shopping days, it should be washed at the end of the day.
- Wash your hands before and after putting it on.
- If you are wearing a mask, glasses should be used as well.



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Physical Distancing - Early Intervention



- Physical distancing with EI learners is often not possible.
- Cough covering by EI and some SA learners can be problematic
- Staff working with EI learners will be issued a face shield (SA too if needed)
- The face shield will protect you from unexpected, uncovered sneezes/coughs.

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Cleaning Your Face Shield

Start of Session

- Put on your shield before entering the family home.
- Wash your hands.



End of Session

- At the end of each of your shifts, wash your face shield in warm soapy water at the family home.
- Dry it off - bring a dish towel from home and keep it in a baggie.
- Do not use wipes, Windex or other chemicals on the shield.
- After washing your shield, wash your hands.